

Monthly Minders



A Newsletter from Community Building West

4 Wheel Drive Program

For riders on training wheels, this program will teach your 4 – 6 year old basic cycling skills and safety through drills, games and a mini tour. All participants must bring their own bike, helmet and bell. All programs cost of \$10.00.

Baturyn Community League, 10505 - 172 Ave
Saturday May 8, 10am - 12pm
Course code: 358375

North Glenora Community League, 13535 - 109A Ave
Saturday May 15, 10am - 12pm
Course code: 359028

Caernarvon Community League, 14830 - 118 Street
Saturday May 15, 1 - 3pm
Course code: 358427

Lewis Estates Community League, Potter Greens Park (Picard Drive and Proctor Wynd)
Sunday May 16, 10am - 12pm
Contact Karen Lindgren at 780-484-7921 to register

Lynnwood Community League, 15524 - 84 Ave
Saturday May 29, 10am - 12pm
Course code: 357984

Westmount Community League, 10950 - 127 Street (in hall parking lot)
Saturday June 5, 10am - 12pm
Course code: 359026

Parkview Community League, 9135 - 146 Street
Saturday June 5, 10am - 12pm
Course code: 357975

Rio Terrace Community League, 15500 - 79 Ave
Sunday June 6, 1 - 3pm
Course code: 359627

Cameron Heights,
Saturday June 19, 2010, 12 - 2pm
Contact Carrie: 780-482-7661 cmwiklund@shaw.ca



Ride to Survive:

Your 6 – 10 year old will learn basic bicycling skills, rules of the road and safety while participated in bike-related games and obstacles. All participants for this program must provide their own bicycle, helmet and bell. All programs cost \$10.00.

Baturyn Community League, 10505 - 172 Ave
Saturday May 8, 1 - 3pm
Course code: 358377

North Glenora Community League, 13535 - 109A Ave
Saturday May 15, 1 - 3pm
Course code: 359029

Caernarvon Community League, 14830 - 118 Street
Saturday May 15, 1 - 3pm
Course code: 358428

Lynnwood Community League, 15524 - 84 Ave
Saturday May 29, 1 - 3pm
Course code: 357985

Parkview Community League, 9135 - 146 Street
Saturday June 5, 1 - 3pm
Course code: 357972

Westmount Community League, 10950 - 127 Street (in hall parking lot)
Saturday June 5, 1 - 3pm
359027

Rio Terrace Community League, 15500 - 79 Ave
Sunday June 6, 3 - 5pm
Course code: 359626

Cameron Heights
Saturday June 19, 2010, 2 - 4pm
Contact: Carrie 780-482-7661 cmwiklund@shaw.ca



For more information or to register in these programs please call 311.

BIKE 2 SCHOOL DAY



BIKE 2 SCHOOL DAY

Get on your helmet, dust off your bike and join us on June 3rd for the first Alberta Bike to School Day.

Schools or individuals can participate! Come on Alberta bike to school!

Register online at www.shapeab.com and ideas and suggestions to organize your day will be sent to you.

Leaders In Training – Get the Leading Edge!

Are you ready to meet new friends and discover the amazing leader within? The Leaders In Training (L.I.T.) program gives youth ages 13 – 17 years valuable leadership skills and work experience in a fun environment.

You will have the choice to volunteer in an assortment of programs run by the City of Edmonton, from summer camps to playground programs. Your volunteer commitment can be as little as two weeks or as much as seven weeks – the choice is yours. To volunteer complete the application (available after April 1) online at <http://www.edmonton.ca/youth>

For more information visit www.edmonton.ca/youth E-mail: youth@edmonton.ca or call 944-7421.

Youth Week Kick-off Event



The City of Edmonton Celebrates National Youth Week from May 1-7, 2010. The Youth Council will be presenting the first ever Edmonton Youth Excellence Awards at the Youth Week Kick Off on May 1st.

Please join us!

Saturday May 1, 2010

12:00 NOON - 4:30PM

Millennium Plaza (101A Avenue between 99 & 100 Streets)

Check out more events and activities on www.edmontonyouthweek.ca

Summer Program Information

July 2nd to August 22nd



Playground Program –

Children ages 6 to 12 are invited to drop by their local playground for a free fun-filled summer! Join the exciting games, crafts, music, drama and special events. Leaders are easily identifiable by their blue City of Edmonton shirts. Playground staff are required to pass a security clearance and have been trained in First Aid. Most importantly, all of our leaders are certified specialists in FUN! It is highly recommended that a parent or guardian supervise children under 6 years old at all times.

Registered Programs

The 2010 Registered Program Guide has been delivered to all elementary schools and public libraries. **Registration for all registered programs begins on May 4th at 8:00 a.m.** To register for a program please call 311, or go online to <http://ereg.edmonton.ca> or drop by any City Recreation Facility. Didn't get a copy of the Guide? Visit www.edmonton.ca

A big THANK YOU to the Community League for partnering with Community Services to offer a wide range of summer recreation opportunities for preschoolers, children and youth.

Events and Festivals

Edmonton's Countryside presents Spring Drive

www.edmontonscountryside.com

Sunday, May 9, 2010, 9am – 5pm

Edmonton's Countryside's original garden party turns into a 6 week long adventure into Edmonton 's Countryside to explore local Edmonton region greenhouses, farms, and gardens. Kicking off on Mother's Day Weekend, visitors are welcomed throughout Strathcona, Leduc, Parkland, and Sturgeon Counties . 19 greenhouse and garden-inspired destinations grace the map in the brochure with a new listing of events right through to Father's Day.

Provincial Skills Canada Competition

www.northlands.com

Wednesday, May 12 – Thursday, May 13, 2010

See first hand the career opportunities in Alberta's most dynamic industries! Skills Canada Alberta will host Alberta's Largest Trade and Technology Career Fair at the annual Provincial Skills Canada Competition. This free event showcases trade and technology careers in an Olympic style competition. Free Admission and Parking

Sherbrooke's First Annual STALK Exchange

Sunday May 16, 2010, 11am – 3pm

Live Entertainment, Plant & Seed Exchange, Gardening Guru - to answer questions. Kids Potting & Fun Area, Urban Forester, Master Composters, Front Yards in Bloom, Devonian Botanical Gardens, Edmonton Horticultural Society, Edmonton Naturalization Group, Rain Barrel Man - Barrels & Kits, Fundraising Activities, Gourmet Pancake Breakfast, Tomatoes & Herbs for sale, Local Arts & Crafts
More Info Contact - Christina 780-452-2363

Little Big Run www.littlebigrun.ca

Friday, May 28 – Sunday, May 30, 2010

The Little Big Run has become one of the City of Edmonton's premier lifestyle programs, having evolved from a single weekend event, to an active lifestyle, fitness and health movement which was founded by the University of Alberta and Capital Health in 2007. The event consists of 1 km, 5 km and 10 km events (both walk and run).

SUBWAY Coronation Triathlon

www.edmonton.ca/coronationtriathlon

Sunday, May 30, 2010

The SUBWAY Coronation Triathlon is coming soon, and we are encouraging Edmontonians to get active, and compete or volunteer in this fun and exciting triathlon event. Sign up soon, space is limited. Everyone is welcome!

Read. Talk. Play. with Edmonton Public Library



At Edmonton Public Library, we want to help families prepare young children for a lifetime of learning. The key to getting children started is *early literacy*. Early literacy is *everything a child knows about reading and writing before they learn to read and write*. Early literacy is not teaching children to read at an early age; it is creating a literacy filled environment in the home right from birth to prepare children for reading and writing once they start school. Reading books, talking together, rhyming, singing and playing are all ways to engage your baby, toddler or preschooler in early literacy.

Edmonton Public Library has many free resources to help families incorporate early literacy in their day-to-day lives. Come pick up our new "100 Great Books to Read Together" booklet at any Edmonton Public Library location. Check out our online resources, including early literacy videos and early literacy tips at <http://www.epl.ca/ReadTalkPlay/>.

Join us for singing, rhyming and reading at one of our many programs designed for babies, toddlers and preschoolers. Locations, times and registration dates can be found online at <http://www.epl.ca/Events/>, or by picking up a program guide at any library location. And sign your child up for a free library to check out our great collection of board books and picture books. Children under the age of two who get a library card will receive a free board book and rhyme booklet. All it takes is a piece of id from a parent/guardian with a current Edmonton address.

See you at the library!

Laura Young
Community Librarian, Edmonton Public Library Castle Downs
780-496-1804

Arbor Day

12:30pm Sir Wilfrid Laurier Park

13315 Buena Vista Road

The 2010 annual Arbor Day celebration will be held on Friday, May 7 at [Sir Wilfrid Laurier Park](#) next to the Valley Zoo

At 12:30pm join us for the Arbor Day Proclamation, ceremonial tree planting, and tree climbing demonstrations. Learn about tree pruning and watch local grade one students interact with trees and the people who maintain them.

2010 Sports Field Marking Program

Parks staff will begin the 2010 rectangular field-marking program - weather permitting - May 1. Marking priorities include booked premier, playoffs (City, Provincial, etc), priority lists supplied by zone, league, phys-ed consultants and total hours booked. Marking requests require a minimum of two weeks notice and are completed in the order received with the funding available. The City also provides marking paint to various community organizations for their booked soccer programs and to private citizens through the Loan Out Program that requires citizens to first participate in the field lining workshop.

The permanent field marking program will operate in July and August only as per pesticide application guidelines.

For more information on any of these Sports Field Marking Programs please call 311.

Vitalize 2010

Vitalize Provincial Voluntary Sector Conference comes to the SHAW Conference Centre in Edmonton June 10 -12. This one-of-a-kind conference provides for a unique professional development and training opportunity for those working or volunteering on behalf of non-profit organizations.

Vitalize is targeted toward non-profit program staff, managers, executive directors, board members and volunteers who work in all aspects of our society from social services to environment and culture.

For only \$120.00 conference delegates will be inspired by leading keynote speakers, such as Arlene Dickinson one of Canada's most renowned independent marketing communications entrepreneurs best known for her role as a judge on CBC's *Dragons' Den* and award winning speaker and storyteller Paul Huschi discussing Seven Humor Habits for Workplace Wellness.

Delegates can connect with others in their field at the Vital Village (exhibitor's fair) and take part in top notch educational and motivational sessions geared towards the specific needs of Alberta's voluntary sector. Delegates will also be treated to an exciting and entertaining Friday evening affair featuring a performance by 2008 Juno nominee country singer Gord Bamford and other talented local artists.

For more information on the 2010 Vitalize Conference, detailed conference program, or to register go to <http://culture.alberta.ca/voluntarysector/vitalize/default.aspx>

West Edmonton Community Safety Fair 2010

Date: May 29, 2010

Time: 11:00 – 3:00 pm

Location: Woodcroft Community League (13915 115 Avenue) and Coronation Sports Fields

All residents living in the West Service Area are invited to attend this resource fair and tradeshow. There will be games, food, and fun for the whole family along with a number of resources available to help you and your family stay safe in your home, vehicle, and community.

This event is being planned in partnership with representatives from local community leagues, Edmonton Police Service and City of Edmonton.

Block Parties

Pull out your lawn chairs, picnic tables and wiener sticks and meet new neighbors, re-establish old friendships, promote safety and learn about your community history!

If you are interested in organizing a block party contact your Community Recreation Coordinator to get a "Neighbourhood Block Party Kit". This will contain all the tools to host that party!

Permits on Parkland

Planning an event or program on parkland? A permit from your CRC is required for:

- Large group gatherings of 50 or more people.
- A church service, church picnic or wedding
- Temporary food service, fireworks, horse-drawn sleigh rides, hot air balloons, commercial photography, gaming/raffles, amusement rides, bouncy houses or parachute take off/landing.
- Liquor to serve or sell
- Portable toilets.
- Model aircraft, rockets or other power assisted flying models.
- Fires and barbecues
- Burying things on parkland
- Golfing in the park or swimming and boating in a lake/bond in my community
- Putting up posters or temporary signage
- Vehicles on parkland

Capital City Clean Up (CCCU) Funding and Grants Raise Cash While Wiping Out Graffiti



Clean up your community and raise funds for your community league projects. The CCCU Graffiti Management Program will provide paint and painting supplies for an event to cover graffiti. Funding support is also available for groups to purchase snacks and food. Non-profit organizations will receive \$1 for every square foot (\$10.75 a sq. m) of graffiti painted over (not including the applicant group's own property) to a maximum of \$1,500 per application. Agencies can use the funds as they see fit, whether it's for a soccer tournament, a park slide, community league building maintenance or a volunteer appreciation night.

Prevent Graffiti with Community Murals – New for 2010

The *Community Mural Matching Grant Program* is offering grants of up to \$2000 to support non-profit community agencies to develop murals in Edmonton neighbourhoods. Murals may be placed on various private and public structures (with property owner permission). The goal is to deter graffiti and create a shared responsibility for graffiti prevention in Edmonton.

Graffiti Wipe Out funding and *Community Mural Grants* will be awarded on a first-come first-serve basis. There is no limit on the number of times an applicant can apply within a calendar year for either program. However, there is a limit to the amount of funding available for each program, so please apply early by visiting the web site or call 780-442-5302 for more information.

Adopt a Block Sign-up

CCCU is calling all volunteers wishing to "adopt a block" and act as a 2010 Block Captain to sign up today. Block Captains do weekly clean up on their adopted block during their regular walk from May - September. CCCU provides all supplies including bags, T shirts, gloves, hand sanitizer, litter grabbers and some special items. Block Captains track their bags collected in a log book provided. Tim Hortons, the program sponsor, provides every Block Captain with a travel mug and a gift card for free coffee. Sign-up on the web site (www.edmonton.ca/capitalcitycleanup) or call 780-944-5412 for further information.

School Yard Clean Up Program

Every spring when the snow melts, schoolyards need a little extra attention to make sure they're clean and safe—whether they're next to elementary, junior or senior high schools.

Capital City Clean Up's Schoolyard Clean Up program encourages schools to put litter in its place and show school pride by registering in the program. Registering is easy. Schools just need to email schoolyardcleanup@edmonton.ca with the school name, phone number, teacher contact name and the number of garbage bags schools will need. (CCCU will have them delivered to the schools.) Schools can register starting March 1st through to May 31st.

While each participating school will be recognized, the cleanest registered elementary, junior and senior high school in each quadrant of the city will win prizes. Both West Edmonton Mall and The Edmonton Sun are program sponsors.



Big Bin Event!

Big Bin events are held in various communities city-wide to collect large household items that can't be set out for regular collection. Examples include old couches, mattresses, broken lawn furniture, large and small electronics (computers), large/small appliances (dishwashers, toasters) and yard waste.

Will take just about anything **except:**

- Household hazardous waste like paint, varnish, used oil, and antifreeze
- Used clothing

2010 Dates include:

May 1 & 2	Callingwood, 17740 69 Ave
May 8 & 9	Millwoods Town, 23 Ave & 66 St
May 15 & 16	Abbotsfield Shoppers Mall, 3210 118 Ave
May 29 & 30	Blue Quill, 11304 25 Ave
June 5 & 6	Woodcroft, 13915 115 Ave
June 12 & 13	Castledowns, 11520 153 Ave
June 19 & 20	Northlands, 11203 73 St
August 14 & 15	Callingwood, 11740 69 Avenue
August 21 & 22	Kennedale, 12810 58 St
August 28 & 29	Blue Quill, 11304 25 Ave
Sept. 11 & 12	Millwoods Town, 23 Ave & 66 St
Sept. 18 & 19	Commonwealth, 112 Ave & 90 St

For more information, visit

www.edmonton.ca/capitalcitycleanup

23rd Annual River Valley Clean - Up

Individuals or groups are asked to spend part of **Sunday, May 2, 2010** (or another more convenient date and time) in a pre-assigned location, picking up litter and then dropping it off at a designated nearby location. Garbage bags and gloves are provided. The event goes forward rain/snow or shine. Please ensure to dress accordingly.

For more information or to register a group, contact Kevin Moore at 780-496-4948 or rivervalleyclean-up@edmonton.ca.

Playground Safety



Every 11 days from April to October, Parkland Operations West completes an inspection of every playground in the city inventory looking for unsafe equipment, vandalized equipment, unsanitary conditions, needles and glass in the sand. All playground equipment at the time of installation must meet the current Canadian Safety Association Standards. Should you find a piece of broken equipment or vandalism, please call 311 or your local Community Recreation Coordinator to report it.

What are the Dog Gone Rules?

Are you uncertain what the rules are for walking dogs in the City of Edmonton?

The City of Edmonton has very specific rules for dogs set out in the Animal Licensing Bylaw and the Parkland Bylaw. Rules for dogs are in place for the safety of your community and the safety of your pet.

It's pretty simple...

- **In the City of Edmonton, you must license your dog.**
- **You must clean up your pet's defecation.**
- **You can walk your dog on parkland so long as your dog is:**
 - **leashed and on a trail;**
 - **leashed and on a boulevard;**
 - **leashed and in an area governed by signage permitting dogs.**

Outside of designated off-leash areas, dogs must be on a leash at all times.

For everyone's safety and at all times, dogs must be kept at least 10 metres from any playground, sports field or picnic site. Your



dog must be on a leash no longer than 2 metres in length.

Visit www.edmonton.ca/parks and click on Off Leash Park Sites for more information.

If you are experiencing problems with dogs off leash in your neighborhood, temporary signs are available. Call your CRC for more information.

Early Spring Watering of Trees

When there is little rain or trees are showing signs of water stress (e. g. wilting, change in leaf colour, small leaves, etc), we must water our trees and shrubs. Here are some tips:

- Soak the total area around the tree/shrub to help it develop a healthy root system. Slow saturation of the area is best.
- During drought conditions, the soil may first repel the water. Water lightly several times on the first day until the soil will accept the water. Then saturate the total area, applying sufficient water so that the soil is quite moist to a depth of at least 30 cm (12 in). The roots responsible for gathering nutrients are located in the top 30-40 cm (12-16 in) of soil.
- Don't create a constantly soggy condition because tree roots require oxygen to live. Instead of watering often, water generously in one application. Once saturated, let the area dry for at least a week before watering again.
- Newly planted trees should be watered once a week during a drought and half as often during normal conditions. Organic wood mulch will help to keep the roots cool and moist.
- The best time to water a tree is early morning or evening.

Master Naturalist Program 2010

Learn more about ecology and naturalization in our city, and get involved in the stewardship of local natural areas through this 35 hour free training program. No experience required however as a trained Master Naturalist you are expected to complete 35 hours of volunteer service in activities that support natural area management, protection, and education.

For more information or to apply, visit:

www.edmonton.ca/naturalareas, or contact Angela Hobson at (780) 496-6147 or angela.hobson@edmonton.ca.

Deadline for applications is **April 23!**

Important Dates to Remember

May 1-7: National Youth Week

www.edmontonyouthweek.ca

May 2: Annual River Valley Clean Up

May 4: First day of registration for summer camp programs <http://ereg.edmonton.ca/>

May 8: Strengthening Volunteer Boards, Cost \$35 and runs 8:30-4:30, Grant MacEwan University; Register at www.rcvo.org

May 9: Mother's Day

May 24: Victoria Day

May 26 – 28 Basic Facilitation Training, Alberta Community Development, Cost \$129; deadline to register is May 14 – for more information contact 780-963-2281 or terri.porter@gov.ab.ca

June 1- 30: Bike Month www.bikeology.ca

June 10-12: 16th Annual Vitalize Conference in Edmonton www.vitalizeconference.ca

Reminder to Community Leagues

Please notify your CRC when meetings are cancelled or if details change. CRC's appreciate updated executive lists whenever there are changes to your executive.

You may also email changes to your CRC

Firstname.lastname@edmonton.ca

Edmonton Federation of Community Leagues

For information on upcoming events or resources for community leagues go to: www.efcl.org

Summer Grants Update – CSJ and STEP

REMINDER: Let your CRC know as soon as you receive a decision from the granting programs!

Neighbourhood Park Development Program (NPDP)—Free

Learn more about the City of Edmonton Change to Parkland and Neighbourhood Park Development Program

May 31, 6:30—9:00 pm

Queen Mary Park Hall (10844-117 St)

Call (780) 442-4972 to register

Community Building West Team



Director

Chantile Shannon

944-5506

Community Recreation Coordinators

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Andrea Spurrell 944-5453

Jeannette Wright 944-5447

Website - www.edmonton.ca



Community Services West Office Locations

Parks and Community Services (PACS) - West

11410 - 149 Street

Phone: 442-4848

Monday – Friday

8:30 am – 4:30 pm

Jasper Place

10030 - 167 Street

Phone: 442-4974

Monday – Friday

8:30 am – 12:00 pm

1:15 pm – 4:30 pm

White Oaks Square BY APPOINTMENT ONLY

#108, 12222 - 137 Avenue